

Going Green

4 must-visit green markets



1. Bedner's Farm Fresh Market

When: Monday to Saturday, 9 a.m. to 6 p.m.; Sunday, 10 a.m. to 5 p.m. (U-Pick farms closed on Tuesdays)

Where: 10066 Lee Road, Boynton Beach

Go for: The U-Pick strawberry and tomato farms are a must for any South Floridian. The staff at Bedner's will offer tips on how to spot a good berry or tomato. The market also offers hay rides, pony rides, homemade ice cream and a petting zoo, and fresh produce and juices.

More info: bedners.com



2. Delray GreenMarket

When: Saturdays, 9 a.m. to 2 p.m.

Where: Old School Square Park, on Pineapple Grove Way a half-block north of Atlantic Avenue

Go for: Kids arts and crafts sessions for \$3. Plus, the market sells fresh-picked produce and citrus, baked goods, flowers and tropical fruit trees, and its own cookbook, *Tastes of the Season*.

More info: delraygreenmarket.org



3. Marando Farms

When: Weekdays, 10 a.m. to 6 p.m.; weekends, 9 a.m. to 5 p.m.

Where: 1401 SW First Ave., Fort Lauderdale

Go for: In addition to the fresh produce and goods, Marando Farms has its own community garden. Try a drink from the juice smoothie bar. Marando is also known for its quality raw milk and organic eggs.

More info: marandofarms.com



4. Boca Raton GreenMarket

When: Saturdays, 8 a.m. to 1 p.m.

Where: At the intersection of South Federal Highway and South Mizner Boulevard, at the south end of Royal Palm Place

Go for: A nice day outdoors with family – you can even bring your dog. The market sells fresh herbs and produce, gourmet oils and vinegars, hydroponic and organic foods, fresh seafood, pasta, juices, baked goods, soaps and lotions, fresh-cut flowers and plants, doggie treats and more.

More info: royalpalmplace.com

What's in season in Florida in January?

Avocado, bell pepper, broccoli, cabbage, carambola, cauliflower, celery, eggplant, grapefruit, guava, lettuce, mushroom, orange, passion fruit, peanut, radish, squash, snap bean, strawberry, sweet corn, tangerine and tomato

Florida agricultural info sourced from the Florida Department of Agriculture and Consumer Services.

WHERE
WE'RE
EATING

Himmarshee Public House

If you haven't heard of Public House yet, you'll probably end up there for happy hour or a lunch meeting soon. Open since November, the restaurant tags itself as South Florida's "first sporting lounge," with 30 high-def TVs, more than 100 beers and gastropub-style comfort food.

It's housed in the same spot that once held frequently deserted bars Bourbon On 2nd and The Office Bar, but Public House seems to have what it takes to last in the spot. It has a great social media presence (use #publichouseftl, and there's a good chance your snap will end up on the restaurant's website) and a steady calendar of events (Wine Up Wednesdays, with \$20 for all-you-can-drink wine and \$5 flatbreads? Sign us up!). To top it off, the food is just plain good – we recommend the ahi tuna tartare and signature fried chicken – and much of the craft beer selection is from local breweries.

Himmarshee Public House is located at 201 SW Second St., Fort Lauderdale / publichouseftl.com

L'etoile

French restaurants are a rarity in South Florida. There isn't one at every street corner the way there is with Italian and Mexican spots, and it's even harder to find a French restaurant that does the cuisine well. But restaurateur Herve Maestri brings dishes straight from his native French Riviera, with a menu of traditional French soups, pastas and desserts.

The restaurant, open since October, also hosts a variety of events, from wine tasting classes to ladies' nights to private parties, and it has a live DJ on Friday and Saturday nights. If you go, be sure not to miss dessert – during our visit we tried an amazing pineapple cake.

L'etoile is located at 99 SE Mizner Blvd., Boca Raton